

## Example of a Quality Personal Statement

**6. Think about an academic subject that inspires you. Describe how you have furthered this interest inside and/or outside of the classroom.**

I held the scalpel in my hand making a cut through the edge of the forehead of the poor cat. I felt terrible, I imagined somebody else using my cat for an experiment and I wanted to cry. It hurt me to see such an innocent and beautiful creature being used to play with. I had to give its death a purpose, I had to use it properly, and learn from every piece of it, because every piece of it before had helped it live. The crack of the skull made my body tingle, and my face cringe. Then came the amazing part, the part where my whole world shifted, never would I have thought that my perception of people would change in Human Anatomy and Physiology. I saw it, the brain, the sulci of the brain that made the spaghetti look on the brain. I reached out and grabbed it, the slime didn't scare me and I looked around to see if everyone else saw what I saw. Only I was amazed at the idea that I was holding the thoughts, emotions, reactions, and the piece of the body that controlled every muscle twitch and blink of an eye. In that moment I knew I had to learn more about the mind. I began an internship at a local therapy office, they would allow me in on their team meetings. I learned about the ways they help people's mind, and the different ways they treat different patients. I saw the way that people's minds betrayed them and made them react in a way they didn't want to. I learned to help people in my everyday life with their thoughts and issues, the mind was magnificent, and I loved it.